



PAUL R. LEPAGE
GOVERNOR

STATE OF MAINE
BOARD OF NURSING
158 STATE HOUSE STATION
AUGUSTA, MAINE
04333-0158

MYRA A. BROADWAY, J.D., M.S., R.N.
EXECUTIVE DIRECTOR

BEFORE THE MAINE STATE BOARD OF NURSING

IN THE MATTER OF LICENSE)	
RN32102 ISSUED TO:)	
)	ORDER TERMINATING
KAREN L. BARAKAT)	
)	PROBATION
)	
To practice registered professional)	
nursing in the State of Maine)	
-----)	

WHEREAS, on April 25, 2007, License #R032102 [RN32102] issued to Karen L. Barakat was placed on "probation" pursuant to 32 M.R.S. Section 2105-A (1-A); and

WHEREAS, on September 18, 2012 the Board of Nursing duly considered all evidence presented to it concerning Karen L. Barakat's compliance with the conditions of said probation; and

WHEREAS, the Board found that Karen L. Barakat has completed all of the Order;

NOW, THEREFORE, it is ordered that the Order of Probation executed on April 25, 2007 is hereby terminated.

DATED this 20th day of September, 2012.

MAINE STATE BOARD OF NURSING

BY: *Myra Broadway*
Myra A. Broadway, JD, MS, RN
Executive Director



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JOHN ELIAS BALDACCI
 GOVERNOR

MYRA A. BROADWAY, J.D., M.S., R.N.
 EXECUTIVE DIRECTOR

IN RE: **KAREN L. BARAKAT**)
 of Portland, Maine)
 License #R032102) **CONSENT AGREEMENT**
FOR REINSTATEMENT
AND PROBATION

INTRODUCTION

This document is a Consent Agreement regarding Karen L. Barakat's license to practice registered professional nursing in the State of Maine. The parties enter into this Consent Agreement pursuant to 32 M.R.S.A. § 2105-A(1-A)(B), 10 M.R.S.A. § 8003(5)(A-1)(4) and 10 M.R.S.A. § 8003(5)(B). The Board met with Ms. Barakat on March 14, 2007 regarding her request for reinstatement of her nursing license. The parties to this Consent Agreement are Karen L. Barakat ("Licensee"), Maine State Board of Nursing ("Board") and the Office of the Attorney General, State of Maine.

FACTS

1. Karen L. Barakat entered a Consent Agreement with the Board on January 4, 2006, surrendering her license as a registered professional nurse [Exhibit 1, Consent Agreement for Voluntary Surrender of License].
2. Karen L. Barakat has represented to the Board that she is ready to return to work as a registered professional nurse and has petitioned the Board for reinstatement.
3. Karen L. Barakat has been opiate-free since December 2005. On November 4, 2005, she entered the Mercy Recovery Center and successfully completed its 30-day intensive outpatient program. Once a month she sees Dr. Stanley Evans who specializes in addiction/pain management medicine. She attended NA meetings for 90 days. From December 2005 through present, she attends weekly therapy sessions. From December 2005 to April 2006, she received physical therapy and continues in a home exercise program for pain management. She frequently corresponds online with other nurses suffering from addictions on the International Nurses Anonymous ("INA") web site.

REINSTATEMENT WITH CONDITIONS OF PROBATION

4. Karen L. Barakat's license as a registered professional nurse in the State of Maine is reinstated on a probationary status with conditions. The period of probation will commence on Ms. Barakat's return to nursing practice, either through employment or pursuant to an educational program. The period of probation will be for a period of five years, to be effective only while she is employed in nursing practice or enrolled in a nursing education program. For purposes of this Agreement, nursing employment is any



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employment during which Ms. Barakat performs nursing services. Ms. Barakat's probationary license will be subject to the following conditions:

- a. Karen L. Barakat will abstain from drugs, with the exception of substances used in accordance with a valid prescription from a treatment provider(s) who is aware of Ms. Barakat's substance abuse history.
- b. Karen L. Barakat will continue in her aftercare treatment program to such an extent and for as long as her treatment provider(s) recommend.
- c. Karen L. Barakat will arrange for and ensure the submission of quarterly reports to the Board by her treatment provider(s), and such reports shall continue until her probation is terminated. If Ms. Barakat's treatment is terminated, she shall notify the Board.
- d. Karen L. Barakat will immediately notify the Board in writing should she return to employment and/or an educational program in the field of nursing. Notice under this section shall include the place and position of employment or the educational program and any subsequent change in employment or educational programs.
- e. Karen L. Barakat will notify any and all of her nursing employers and notify faculty involved in any clinical studies of the terms of this Consent Agreement and shall provide them with a copy of it.
- f. Karen L. Barakat's employment is restricted during the period of probation to structured settings with on-site supervision by another registered professional nurse. Structured settings shall not include assignments from temporary employment agencies, school nursing, working as a traveling nurse or working within the correctional system.
- g. Karen L. Barakat will arrange for and ensure the submission to the Board of quarterly reports from her nursing employer and/or clinical faculty regarding her general nursing practice. If during the period of probation, Ms. Barakat's employment as a nurse terminates or should her educational program in the field of nursing terminate, she shall notify the Board of this change to ensure that she remains in compliance with her employment and/or educational quarterly reports.
- h. Karen L. Barakat agrees and understands that the Board and the Department of Attorney General shall have access to any and all medical records and all otherwise confidential or medically privileged information pertaining to her treatment for substance abuse which the Board deems necessary to evaluate Ms. Barakat's compliance with the Consent Agreement and her continued recovery. Ms. Barakat shall provide such information, shall authorize the release of such records and information, and shall authorize any such discussions and communications with any and all persons involved in her care, counseling and employment as may be requested by the Board for the purpose of evaluating Ms. Barakat's compliance with the Consent Agreement and her continued recovery.

5. The State of Maine is Karen L. Barakat's home state of licensure for purposes of the Nurse Licensure Compact. Ms. Barakat agrees that during the pendency of this Consent Agreement her nursing practice is limited to the State of Maine. If Ms. Barakat wishes to practice in any other party state within the compact, she shall petition the Board for written authorization. In addition, Ms. Barakat will arrange to have the party state in which she intends to practice provide the Board with written authorization that she has been approved to practice in that state.
6. Karen L. Barakat agrees and understands that her license will remain on probationary status and subject to the terms of this Agreement indefinitely beyond the five-year probationary period, until and unless the Board, at Ms. Barakat's written request, votes to terminate Ms. Barakat's probation. When considering whether to terminate the probation, the Board will consider the extent to which Ms. Barakat has complied with the provisions of this Agreement.
7. Karen L. Barakat understands that this document is a Consent Agreement that affects her rights to practice nursing in Maine and party states in the Nurse Licensure Compact. Ms. Barakat understands that she does not have to execute this Consent Agreement and that she has the right to consult with an attorney before entering into the Consent Agreement.
8. Karen L. Barakat affirms that she executes this Consent Agreement of her own free will.
9. This Consent Agreement is not subject to review or appeal by the Licensee, but may be enforced by an action in the Superior Court.
10. This Consent Agreement becomes effective upon the date of the last necessary signature below.

I, KAREN L. BARAKAT, HAVE READ AND UNDERSTAND THE FOREGOING CONSENT AGREEMENT. I UNDERSTAND THAT BY SIGNING IT, I WAIVE CERTAIN RIGHTS. I SIGN IT VOLUNTARILY, WITHOUT ANY THREAT OR PROMISE. I UNDERSTAND THAT THIS CONSENT AGREEMENT CONTAINS THE ENTIRE AGREEMENT AND THERE IS NO OTHER AGREEMENT OF ANY KIND.

DATED: 4.23.07

Karen L. Barakat
KAREN L. BARAKAT

FOR THE MAINE STATE
BOARD OF NURSING

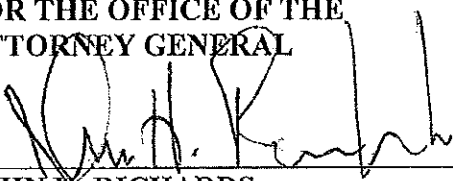
DATED: 4/24/07

Myra Broadway
MYRA A. BROADWAY, J.D., M.S., R.N.
Executive Director

FOR THE OFFICE OF THE
ATTORNEY GENERAL

DATED:

4/25/07



JOHN H. RICHARDS
Assistant Attorney General

